

CLASS SCHEDULE

(Starting 09/01/2026)

	MON	TUE	WED	THU	FRI
AFTER SCHOOL	Fraser Woods Montessori School Housatonic Valley Waldorf School *Ask your school PTA for Taekwondo as an afterschool program!				
LITTLE TIGERS			5:30PM-6:10PM		5:30PM-6:10PM
LEVEL 1	4:40PM-5:20PM		4:40PM-5:20PM		
LEVEL 2	6:20PM-7:00PM	4:40PM-5:20PM		5:30PM-6:10PM	
LEVEL 3	5:30PM-6:10PM		6:20PM-7:00PM		6:20PM-7:00PM
LEVEL 4	6:20PM-7:00PM	6:20PM-7:00PM		6:20PM-7:00PM	
LEVEL 5		6:20PM-7:00PM	6:20PM-7:00PM	6:20PM-7:00PM	
SPECIAL CLASS (REGISTRATION NEEDED)	SPARRING 7:10PM-7:50PM	BBC 5:30PM-6:10PM			TRAVEL 7:10PM-7:50PM
ADULT/JUNIOR		7:10PM-7:50PM	7:10PM-7:50PM	7:10PM-7:50PM	
🎈🍰 TAEKWONDO BIRTHDAY PARTY 🍰🎈 MINI TKD CLASS PLAY YOUR FAVORITE GAMES BREAK A BOARD CUT A CAKE WITH TAEKWONDO SWORD BOOK A SPOT AS SOON AS POSSIBLE.					SATURDAY Ask for availability

CLASS LEVELS

- LEVEL 1: NONE, WHITE
- LEVEL 2: YELLOW, ORANGE, GREEN, PURPLE, BLUE, BROWN
- LEVEL 3: RED/WHITE, RED/YELLOW, RED/GREEN, RED, POOM, BLACK/WHITE
- LEVEL 4: BLACK/YELLOW
- LEVEL 5: BLACK
- LITTLE TIGERS: AGE 3-5
- ADULT/JUNIOR: AGE 11+



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